



Foundations in Peer Work – short course

Darwin and Alice Springs

August 31; September 7; 14; 21; 28 9:30am – 2pm (5 x Mondays)

An introduction to peer work for people with lived experience who want to learn about becoming peer workers. Expression of Interest due by August 7. Download form [here](#)

Audience

- People currently working as peer workers
- People whose organisations have identified them as prospective peer workers
- Students wanting to sample the Cert IV Mental Health Peer Work

Aims

At completion of this course, students should be able to:

- Understand a range of frameworks and approaches applicable to peer work
- Understand the diversity of roles and skills required by a peer worker
- Explore consumer and carer preferences, values, needs and goals
- Work within international, national and state legislative frameworks including the Mental health Act 2014 and the National Mental Health Standards.
- Navigate the mental health system in order to facilitate access to resources, information and services.
- Have a thorough understanding of ethical decision making, boundaries, duty of care and dignity of risk and how these impact on consumers, workers and organisations.
- Use their lived experience in meaningful and purposeful ways.
- Manage risk in sharing stories
- Understand trauma, vicarious trauma, re-traumatisation and the importance of self-care
- Be able to plan, resource, facilitate and evaluate groups common to peer work.

Outline

Workshop content will include:

- Day 1 – Approaches and frameworks of peer work practice
- Day 2 – Understanding the role of the peer worker
- Day 3 – Legal and ethical considerations
- Day 4 – Using lived experience effectively
- Day 5 – Developing and facilitating groups

Further Information

Cost

Free training provided by the Promoting Peer Work NT project.
Usually:
Full Fee Individuals \$895

To Register

Please fill out an [Expression of Interest Form](#) by August 7. Download the EOI Form at bit.ly/mhaca-peer or contact the Project Officer: Ruth 0427 285 123 Ruth.apelt@mhaca.org.au

Online Training & Face-2-Face

Lorelle Zemunik from MHVictoria will present online to groups of students with local facilitators in Darwin and Alice Springs so that people can learn together.

Time, Dates and Locations

9:30am-2:00pm (5 x Mondays)
August 31; September 7; 14; 21; 28

Darwin: Harry's Place, Tiwi
Alice Springs: MHACA, East Side.

[Online option for other regions](#)
[Please contact the project officer](#)

Facilitator
Lorelle Zemunik

