



MHACA
Mental Health
Association of
Central Australia



Promoting Peer Work in the NT - 2020

Expression of Interest (EOI)

Places are limited. EOI closes Friday August 14th

Peer Worker Training – Free in 2020

[Foundations in Peer Work](#) OR [4 x Cert IV PW accredited units](#)

[Foundations in Peer Work](#) is for people with lived experience of mental illness and recovery who are interested in learning about becoming peer workers and gaining first level training. Students need to feel comfortable talking in a group. There are no assessments.

Time: 9:30am - 2pm, Mondays x 5. **Dates:** August 31; September 7, 14, 21, 28.

Darwin: Harry's Place, Tiwi. **Alice Springs:** MHACA, Lindsay Ave, East Side. (same dates all locations)

[Certificate IV Peer Work](#) is a nationally recognised qualification. We are offering **4 x units** which represent 25% of the Cert IV Peer Work. These units are being made available for the first time in the NT. The training requires an 80hr work placement. It is suitable for people with lived experience who are working (paid or unpaid) in mental health-related services or able to organise this. Good literacy and numeracy are needed at Cert IV level. 1 session every 3 weeks.

Time: 9am -12:30pm, Fridays. **Dates:** September 11; October 2; October 23; November 13; December 4

Darwin: CDU, Casuarina. **Alice Springs:** MHACA, Lindsay Ave, East Side. (same dates all locations)

Students outside Darwin & Alice Springs have an online option. Please contact the Project Officer.

Please complete the following section to express your interest in training. We will be in touch soon with more course information.

Name: _____

Your address: _____ **Postcode** _____

Tel/Mobile: _____

Email: _____

Through what organisation/ program did you hear about this training? _____

Which training you are interested in? (please tick)

- [Foundations in Peer Work](#)
- [4 x Cert IV Peer Work accredited units](#)
(requires access to an 80hr work/ volunteer placement)

Please complete both sides of this form.



Expression of Interest in Peer Worker Training continued ...

1. I have a lived experience of (tick all that apply):

- Personal lived experience of my own mental health challenges and recovery
- Caring for someone who experiences mental health challenges

2. I am working (paid or unpaid) in a mental health-related service? No Yes If Yes, please describe your role? _____

3. Please tick all that apply to you:

- I value lived experience
- I like talking to people
- I respect diversity and I am willing to explore the worldviews of others
- I can self-reflect and discuss personal life experiences as a journey
- I want to support positive change
- I can navigate the mental health system
- I can come to all the training sessions

4. Please tell us about any experience you have had in providing peer support or in sharing your lived experience with others? (200 words or less)

5. What does recovery mean to you? (200 words or less)

6. I'm interested in attending this training because... (200 words or less):

7. Do you have any dietary requirements? _____

8. Will you need help with transport to attend the training? No Yes

Please return this form to the project worker: ruth.apelt@mhaca.org.au
or ring Ruth for more information or assistance: 0427 285 123